



WHAT

THE DOUBLE BURDEN OF MALNUTRITION IS CHARACTERISED BY THE COEXISTENCE OF:

1

Undernutrition (wasting, stunting & micronutrient deficiencies) along with overweight and obesity

2

and diet-related noncommunicable diseases

3

within individuals, households and populations

4

throughout life

WHERE



MALNUTRITION AFFECTS ALL REGIONS WORLDWIDE

ACROSS THE GLOBE

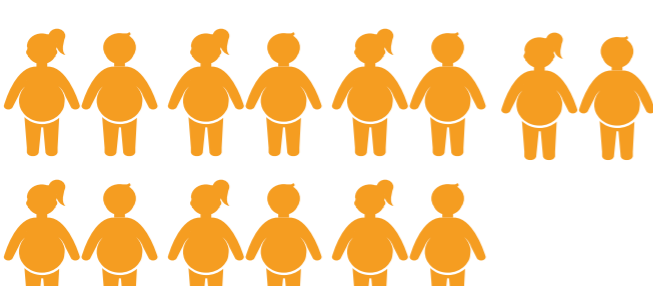
1.9 BILLION
ADULTS, 18 years and older, are overweight

>600 MILLION
of these are OBESE

264 MILLION
WOMEN of reproductive age are affected by iron-amenable anaemia

462 MILLION
ADULTS are underweight

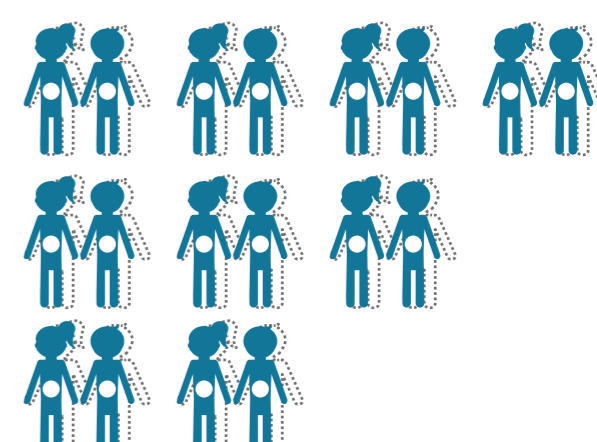
42 MILLION
children under the age of 5 years are **overweight or obese**



156 MILLION
children are **stunted** (too short for age)



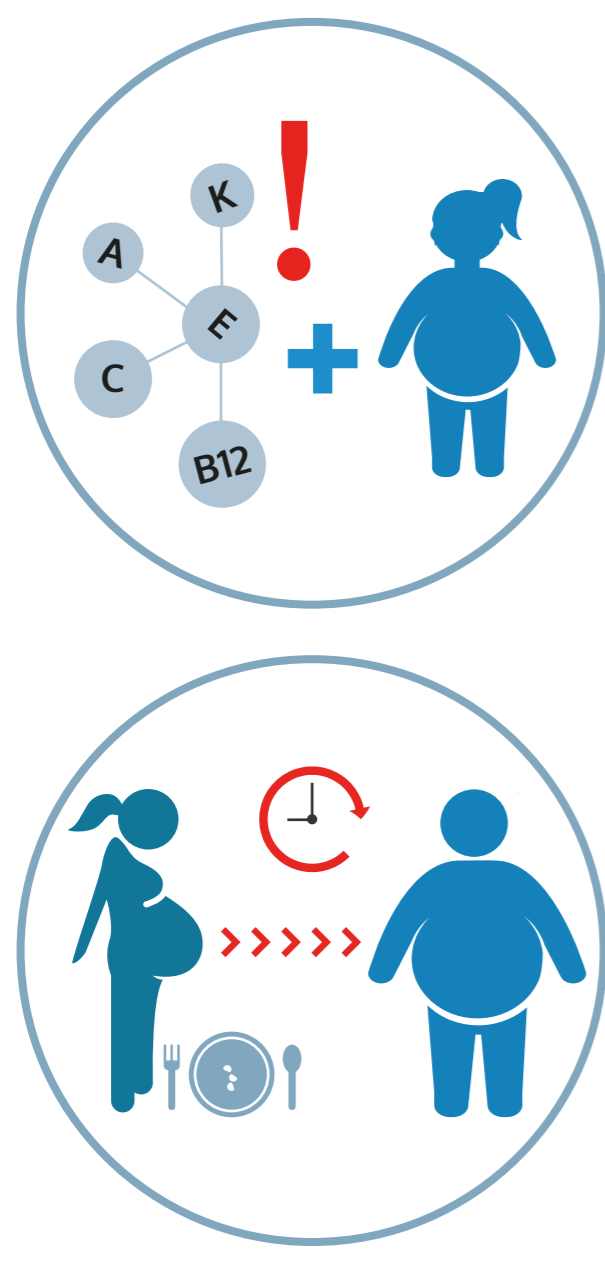
50 MILLION
children are **wasted** (too thin for height)



WHO

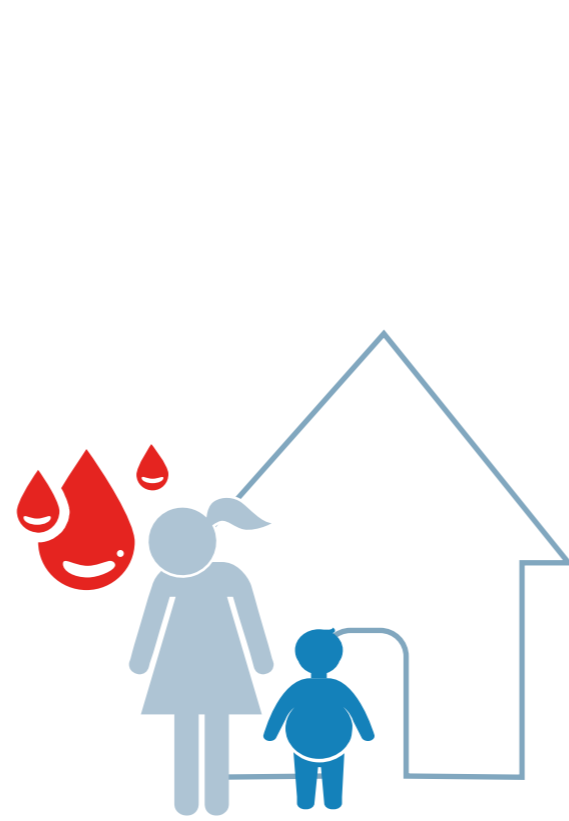
INDIVIDUALS

with the simultaneous presence of two or more types of malnutrition, or development of multiple types over a lifetime



HOUSEHOLDS

with multiple family members affected by different forms of malnutrition



POPULATIONS

with both undernutrition and overweight prevalent in the same community, region or nation



WHY ACT

THE DOUBLE BURDEN IS AN IMPORTANT OPPORTUNITY FOR ACTION ON MALNUTRITION IN ALL ITS FORMS



Addressing malnutrition is essential to achieve the Sustainable Development Goals



Nutrition is critical to both health and economic development



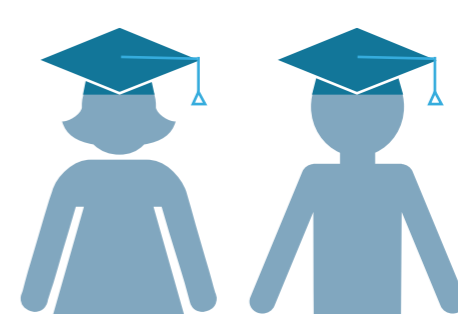
Focus and investment for integrated solutions will tackle malnutrition in all its forms

GOOD NUTRITION



PROMOTES MATERNAL, INFANT AND CHILD HEALTH

IMPROVES SCHOOL & EDUCATION PERFORMANCE



SUPPORTS STRONGER IMMUNE SYSTEMS

REDUCES THE RISK OF DISEASE

